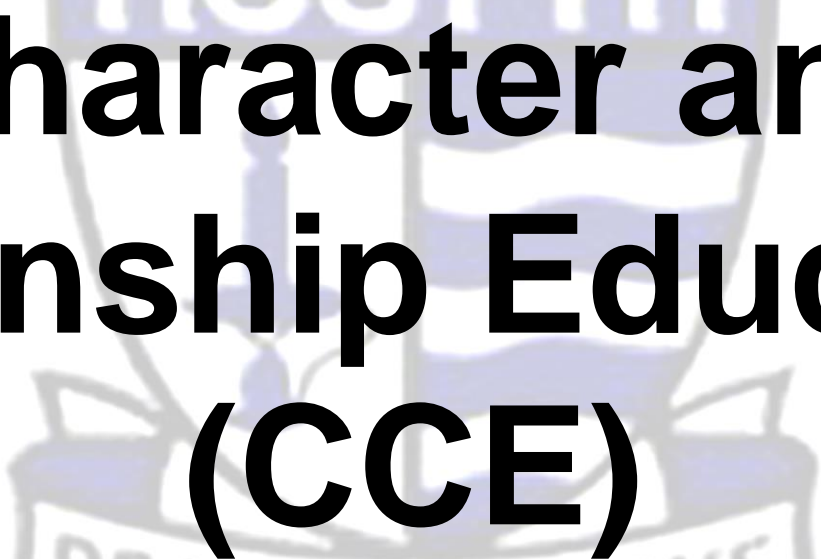


Welcome to Rosyth 2025

**Character and
Citizenship Education
(CCE)**



CCE Goals

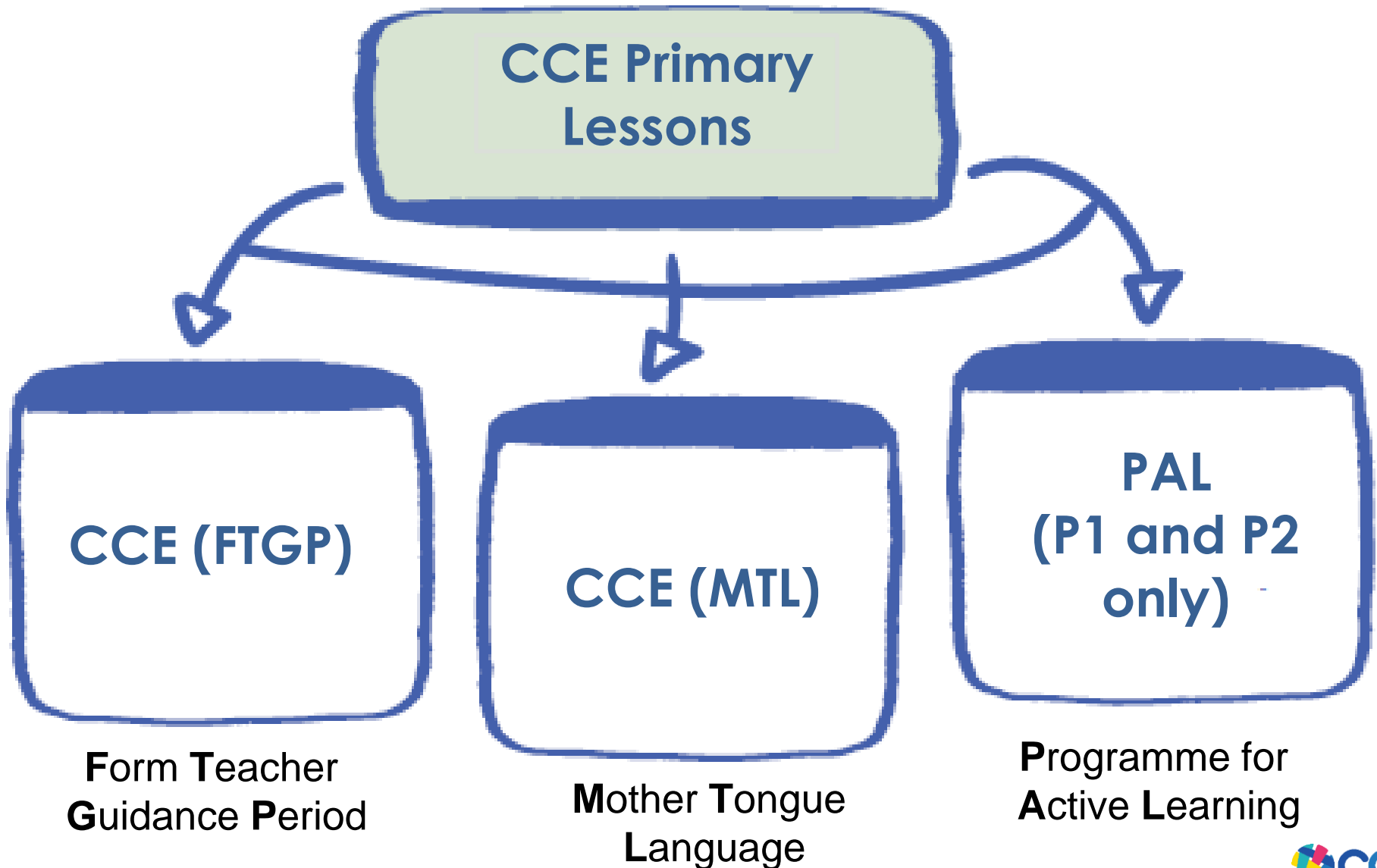
We aim to develop in our Rosythians

- Good Character
- Resilience and Social-Emotional Well-being
- Active Citizenship
- Future Readiness



A Future Ready Community which Learn with Passion, Serve with Compassion, Lead with Vision and Innovate with Excellence

Character and Citizenship Lessons



Age-Appropriate Learning

At a young age, the acquisition of **social-emotional competencies** and the **motivation to learn** are critical in the development of every child.



Social-Emotional Learning (SEL Competencies)

Social-emotional learning supports the development of skills to manage oneself, build healthy relationships and make responsible decisions.

- **Self-Awareness**
- **Social Awareness**
- **Self Management**
- **Relationship Management**
- **Responsible Decision Making**



Motivation To Learn

Research has shown that students who are **motivated to learn** tend to display –

- **greater enjoyment of school**
- **more positive coping**
- **heightened engagement**
- **better performance**
- **less dropping out**
- **higher quality learning**
- **greater psychological wellbeing**

(Ciani et al., 2011; La Guardia, 2009; Vansteenkiste et al., 2010)

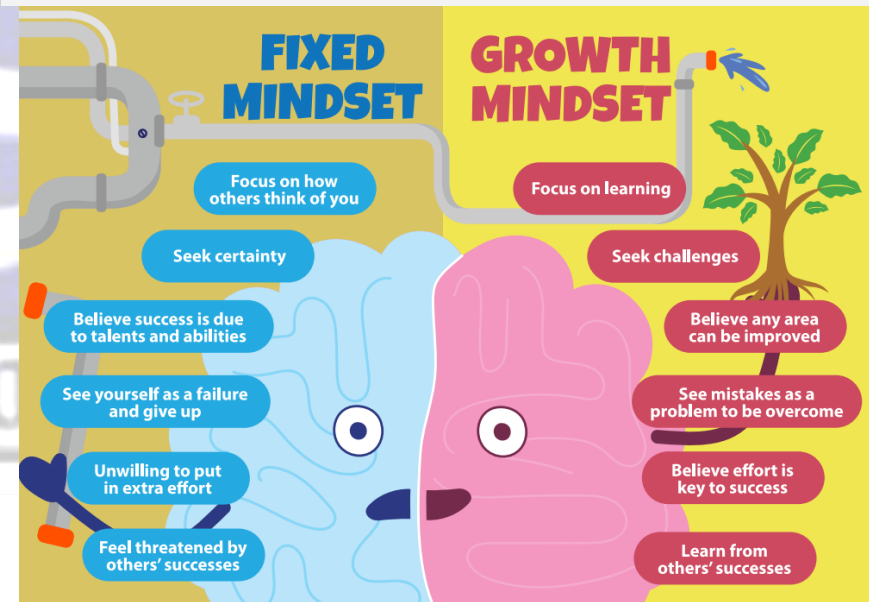


Growth Mindset (Developing Resilience)

‘Growth Mindset’ is a key aspect covered during the CCE lessons.

A belief that one’s abilities can be developed through dedication and effort. It creates a desire to learn and therefore a tendency to embrace challenges; persist in the face of setbacks; see effort as the path to master; learn from criticism; and find lessons and inspiration in the success of others.

Dwek, 2006



Growth Mindset (Developing Resilience)

01.



Is self-motivated

02.



Learns from failure and remains hopeful

03.



Finds alternative solutions

04.



Seeks help from others

05.



Manages difficult situations calmly

06.



Is open to new experiences

Family Education

Explicit content and Family Time Activities in CCE Lessons focus on the teaching and learning of skills to **strengthen relationships** which build the students' positive perspectives of the value of families.

Theme 1: My New World
Lesson 4 I'm More Responsible Now!



I will contribute to the well-being of my family by being **responsible** for my actions and doing some things on my own.

16

Caring for Family and Friends ② Date: _____

In the boxes below, paste stickers that show respectful and disrespectful behaviour at home and in school.

SCHOOL

Respectful	Disrespectful
Paste sticker from page 51.	Paste sticker from page 51.

HOME

Respectful	Disrespectful
Paste sticker from page 51.	Paste sticker from page 51.

Care and Respect for Others 35

Understanding My Feelings ④

Family Time Family Chat Time!
Share what you have learnt in this lesson on 'Understanding My Feelings' with your parents/guardians. Show them the tips below.

My child did a good job!
Parent's / Guardian's signature

A Note to Parents/Guardians:

Tips for Building Your Child's/Ward's EMOTIONAL STRENGTHS

- 1 Take time to actively notice and name your child's/ward's emotions together.
Eg. Make talking about their feelings a natural part of conversations.
- 2 Connect with your child/ward on an emotional level.
Eg. Make talking about their feelings a natural part of conversations.
- 3 Embrace all of your child's/ward's emotions (avoid being dismissive or disapproving).
Eg. Practise the breathing or squeezing exercise.
- 4 Discuss how your child/ward can manage his/her negative emotions.
Eg. Calmly admit that you are upset and take a 10-minute time-out.
- 5 Role model how you manage your emotions appropriately.
Eg. Calmly admit that you are upset and take a 10-minute time-out.
- 6 Encourage your child/ward to persevere through challenges even though there may be uncomfortable feelings.
- 7 Guide your child/ward to accept situations that he/she cannot change.
- 8 Have your child/ward share three things that he/she feels thankful about each day.

12 Understand and Care for Myself

Family Education

What is Family Education?

Research shows that Family Education



Aims to strengthen
family life



Helps to enrich and improve the
quality of life



Enables students to develop
into healthy young adults, work
together in close relationships,
and bring out the best in others.

Family Education and Our Parents

Support your child and encourage them to overcome challenges with you

Affirm your child by recognising small successes and praising their efforts

Familiarise your child by easing them into new routines and sharing with them your experiences in primary school

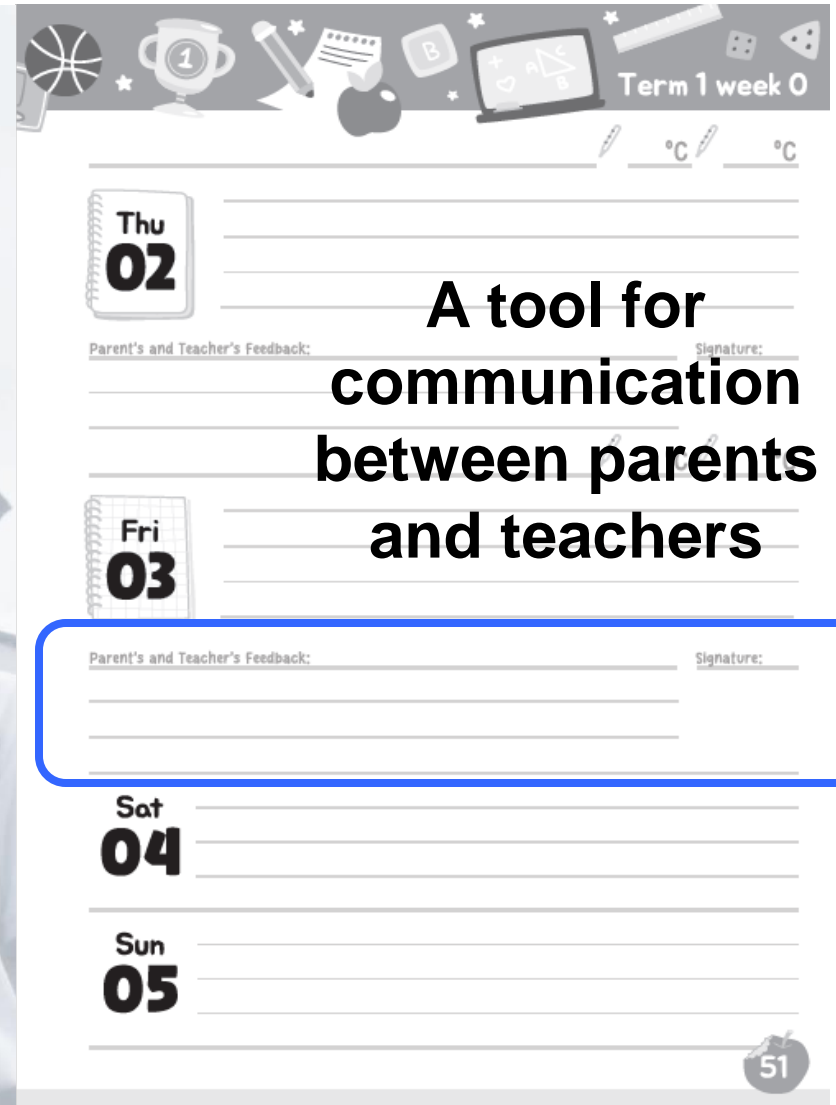
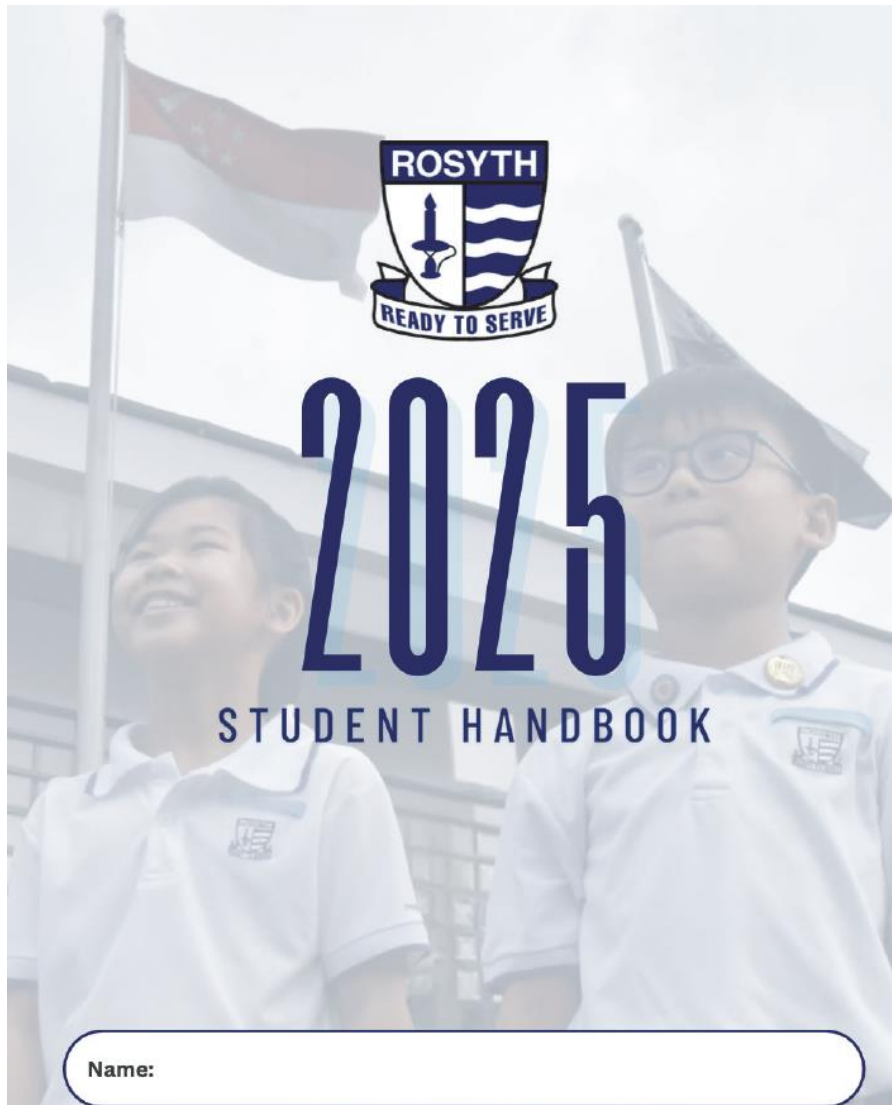
Empathise with and acknowledge your child's feelings

Reinforce learning e.g. Sense-Think-Act in Cyber Wellness and support school messages e.g. Road Safety



Being Role Models

The purpose of Handbook



**A tool for
communication
between parents
and teachers**

The purpose of Handbook

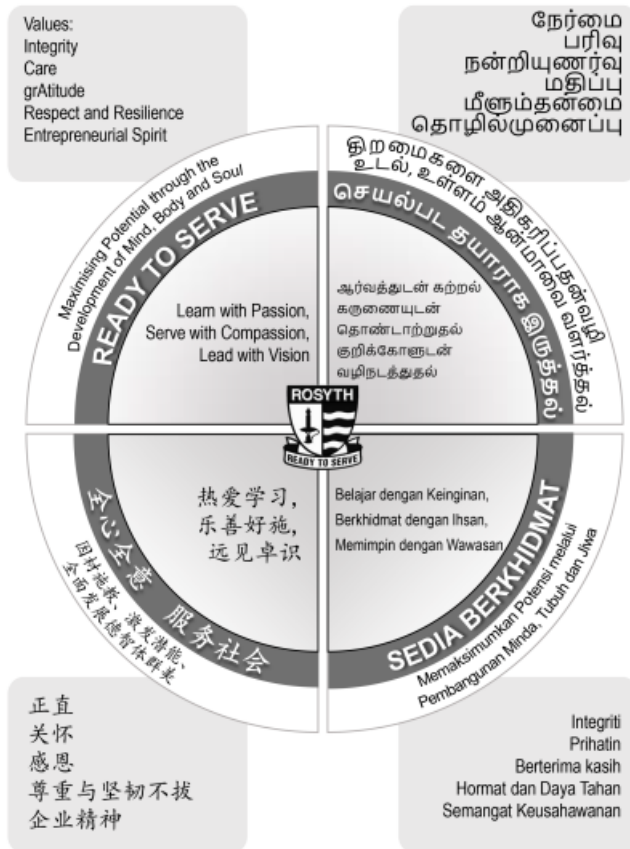
A reminder (for Rosythians) about homework and other information



The purpose of Handbook

Understanding Standards

SCHOOL MOTTO, VISION, MISSION & VALUES



SCHOOL CORE VALUES: I-CARE



Integrity:

We value integrity as the foundation of good character. It means being honest and true to ourselves and others in all that we do.

Care and Empathy:

We show care and empathy by making the effort to understand the feelings and experiences of others, and taking appropriate actions to demonstrate concern.

GrAtitude:

We express gratitude by appreciating what we have and what others do for us. It means being thankful for the kindness and efforts of those around us.

Respect and Resilience:

We respect ourselves and others, treating everyone the way we wish to be treated. This includes embracing differences in beliefs and practices. We are resilient, doing our best despite challenges. It means bouncing back from setbacks and adapting to change.

Innovative Spirit:

We embrace an innovative spirit by seeking ways to improve the lives of those around us. This means being open to new ideas and having the courage to test them.

The purpose of Handbook

Understanding of School Rules and Regulations

Discipline



Rules +
Regulations

Expectations



Hair accessories should be in **navy blue or black**.

Girls who have their ears pierced are allowed to wear **one pair of simple and small ear studs**.

Name tag must be sewn on.

No ankle socks are allowed.

Summary



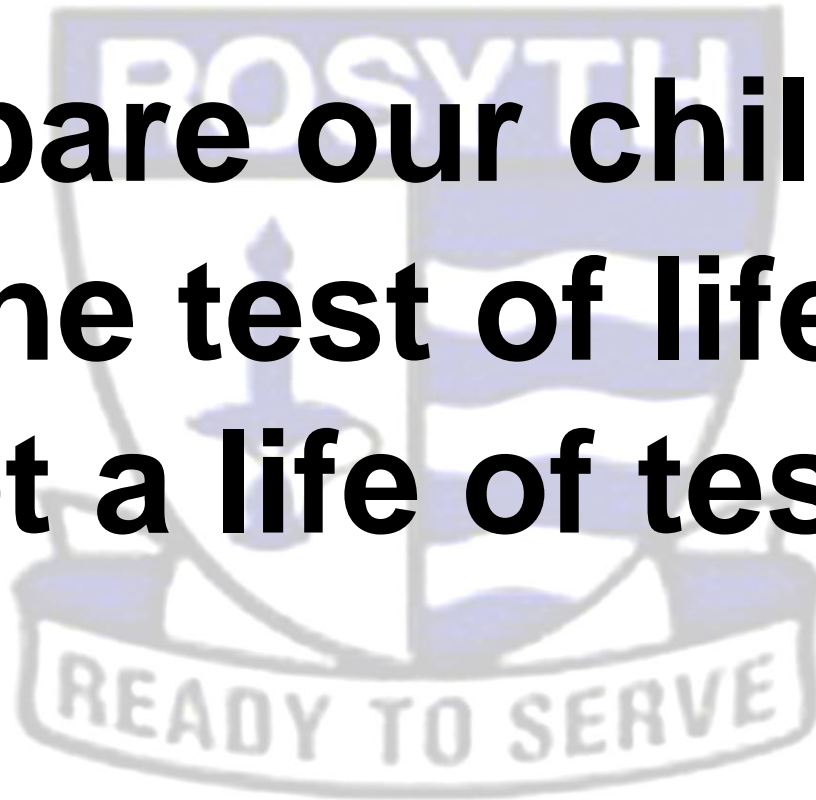
Overview of CCE Lessons



Purpose of School Handbook

Thank You

**Prepare our children
for the test of life and
not a life of tests.**



Thank You

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